

TURKS  CAICOS  
COLLECTION

ELEVATE **SPA**



# ELEVATE SPA

## MASSAGES

<b>ISLAND RHYTHM BALINESE</b>	50min	\$190
<b>SIGNATURE CANDLE MASSAGE</b>	80min	\$225

A traditional Balinese massage combines stretching, long flowing movements, palm and thumb pressure techniques. Elevate Spa Balinese Signature candle massage combines ingredients such as Shea butter, coconut oil and soy wax to melt away tension, ease stress and calm the mind.

<b>CHILLED OUT</b> Light to medium touch using varied strokes of gliding and kneading to promote circulation and an overall sense of well-being. This treatment will relax, revitalize and renew your body.	30min	\$85
	50min	\$145
	80min	\$205

<b>OCEAN KNOTS</b> Slow, deep pressure and skillful hand movements target stressed muscles, unlock tension and relieve pain. An ideal pre or post workout massage.	50min	\$165
	80min	\$210

<b>BABY AND ME</b> Relaxing benefits for mom and baby. This customized service relieves muscle aches and joint pain and helps reduce swelling. Massage is not performed during the first trimester.	50min	\$165
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<b>AMAZED</b> Utilizing one of the most ancient forms of massage, reflex-ology. Our therapist focuses on relaxing the whole body by massaging key points of the feet while you relax.	30min	\$85
	50min	\$145

## PEDIS AND MANIS

<b>EXPRESS SPA PEDICURE</b>	30min	\$65
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A maintenance treatment for those in between pedicure times when you are in a rush. Relax your feet and enjoy a relaxing foot soak. For this quick service you will benefit from a nail shape and buff, cuticle cleaning, foot and leg massage, and your choice of polish. Excellent for times when you are on the run.

<b>EXPRESS SPA MANICURE</b>	30min	\$35
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A traditional relaxing hand treatment that includes a nourishing soak, nail and cuticle grooming, gentle massage, all topped off with a pretty polish application. Great for those on the go.

## ADD ON

<b>FRENCH MANICURE</b> Polish to any treatment.	20min	\$15
<b>REFRESH</b> A change of polish for hands or feet.	15min	\$25

## BODY SCRUBS AND WRAPS

<b>COCONUT AROMA SCRUB</b>	30min	\$75
	50min	\$145

Buff your skin to perfection with raw salt cane granules and infused potent virgin coconut oil for deep hydration and nutrition. Known for its ancient healing properties, coconut contains high levels of antioxidants and hydrators to restore your skin, leaving it soft and supple.

Reservations required 24 hours in advance.

Rates do not include 12% government tax and 10% service charge.